

# Deirbhile Ryan takes silver medal in Multi Event in Nenagh.

The Athletics Association of Ireland Pentathlon for athletes from U/14's to U/19's which was held at Nenagh Indoor Arena on Sunday last and three Clare athletes were in action girls U/15's Clíodhna Blake St Johns, Deirbhile Ryan from Clonlara and competing with Nenagh Athletic Club along with Rachel Clancy St Johns both U/16's with Deirbhile Ryan taking a silver medal and Rachel Clancy finishing 4<sup>th</sup>.

The Girls U/15's Clíodhna Blake St Johns had to contend with a big number taking part in her age group with twenty competitors taking on all five events and Clíodhna Blake in the 60metres running (11 . 48secs) a very good Long Jump with a leap of (4 . 33metres) High Jump (1 . 29metres) a fine throw in the Shot Putt (6 . 57metres) and her final event the 800metres with a time of (2mins . 48 . 13secs) and finishing 13<sup>th</sup> overall on (1872pts).

Rachel Clancy St Johns competing in the girls U/16's and taking on five events and a field of six athletes in this final which started at 11 . 00am in the morning along with Deirbhile Ryan from Clare and competing out of Nenagh A. C. where Deirbhile finished very well in the 60metres Hurdles with a time of (9 . 89secs) and Rachel Clancy (11 . 05secs) Deirbhile had a leap of (4 . 84metres) and Rachel (4 . 32metres) in the Long Jump, then onto the Shot Putt and some fine throws over three rounds Deirbhile throwing (10 . 14metres) Rachel (7 . 93metres) on the afternoon they both went onto their High Jump with a leap of (1 . 58metres) for Deirbhile Ryan and Rachel Clancy (1 . 49metres) and with one event remaining it was now down to the final points and in this 800metres and over four laps Rachel Clancy with a time of (2mins 52 . 08secs) and Deirbhile Ryan (3mins . 00 . 28secs) and she captured the Silver Medal with a total of (2692pts) with the gold medal going to Annabelle Morris Blackrock on (2721pts) and fourth Rachel Clancy with a total of (2191pts).

## Results:

### Girls U/15's Pentathlon.

13 Clíodhna Blake St Johns = (1872pts)

### Girls U/16's Pentathlon.

2 Deirbhile Ryan Nenagh Olympic = (2692pts)

4 Rachel Clancy St Johns = (2191pts).