

Clare athletes in fine form at Munster Senior and Masters in Templemore.

The Munster Senior and Masters Track and Field championships were held at Templemore Co. Tipperary in very hot and humid weather conditions and a fine turnout of Clare athletes came away with a massive haul of medals Twelve gold, Twelve silver and Six bronze.

These Munster Senior and Masters championships held in sweltering heat Darragh Lynch Ennis Track was very impressive when taking gold in the 1500metres in (4mins . 08 . 05secs) and in the 800metres he went through the 400mark in (56secs) and came home in second place with a time of (1min . 57 . 23secs) and in the 5000metres Brian Mc Ginley Ennis Track took this field apart after four laps and he this race all his own when taking the gold medal in (15mins . 28secs) with Brian Murphy looking good to take the second spot but on the home straight his was outsprinted and had to settle for the bronze medal.

The senior mens Hammer a big surprise here with Colm Griffin taking the gold medal with a throw of (36 . 66metres) and he also captured a bronze medal in the 56lbs for distance.

The big race was the 400metres where Tim Crowe Sixmilebridge and Dooneen A. C. was running for a fast time to put himself into contention for a place in the 4 x 400metres Ireland Team for Finland and he took the gold in (48 . 49secs).

The Senior Ladies 800metres Grace Eade Ennis Track taking a silver medal and in the Ladies Discus Rachel Akers Marian taking the silver medal with the Hammer Competition Alice Akers Marian still only 15years old was a Guest athlete was showing the big sister Rachel Akers Marian how to lead from the front with massive throws over six rounds but an ankle injury on her fourth round Rachel threw over (47 . 89metres) to take the Gold Medal with Alice producing a massive throw of (49 . 35metres).

The Masters Ladies produced outstanding performances in the O/45 3000metres Michelle O Mahoney Kilmurry Ibrickane/North Clare produced a fine piece of front running and once again retained her title in (11mins . 48secs) and in the O/50's Rita Kierce St Marys was very impressive in the 3000metres when taking the gold medal in (11mins . 16secs) and later on that afternoon Rita captured her second gold medal this time in the 1500metres with a time of (5mins . 22 . 77secs).

The Masters O/35's 800metres two Kilmurry Ibrickane/North Clare athletes in this final and Julio Ceser F Castro who finished second in the Bilboa A. C. 10k on Friday evening was once again in the racing mood when finishing second in (2mins . 10 . 85secs) with Willie Devitt fourth in (2mins . 18 . 68secs) and both athletes went into battle in the 3000metres and once again Julio Ceser F Castro fought off the stiff challenge from Willie Devitt to take the gold medal in (9mins . 29secs) and Willie Devitt the long time leader had to settle for the silver medal in (9mins . 38secs) and in the 1500metres Julio Ceser F Castro came away with his third medal of the day this time a silver medal in (4mins . 33 . 16secs) with Willie Devitt third in (4mins . 34 . 81secs).

The Masters Mens O/40's Pat Hogan Ennis Track takes a silver medal in the 800metres with Trevor White St Cronans taking a silver medal in the 1500metres.

The O/45's Tommy Greene St Johns competing in four events and he was the big Clare star when taking gold in the Shot Putt with a throw of (10 . 80metres) and he also captured three silver medals in the High Jump, Long Jump, and 56lbs for distance.

James Sexton Kilmurry Ibrickane/North Clare in the masters O/55's 800metres came away with a silver medal and in the 3000metres and 1500metres took a double silver medal and Martin Fitzpatrick St Marys another O/55 man captured three gold medals, the Hammer with a throw of (22 . 50metres) Shot Putt with a throw of (9 . 56metres) Discus (22 . 22metres) and a bronze medal in the 35lbs for distance and in the masters Men O/60's 35lbs for distance Tom Jones Ennis Track came away with a bronze medal.

Results:

Masters Ladies.

O/45's.

3000m

- 1 Michelle O Mahoney Kilmurry Ibrickane/North Clare (11mins . 48secs)

O/50's.

1500m.

- 1 Rita Kierce St Marys (5mins . 22 . 77secs)

Masters Men

O/35's.

800m.

- 2 Julio Cesar F Castro Kilmurry Ibrickane/North Clare (2mins . 10 . 85secs)

- 4 Willie Devitt Kilmurry Ibrickane/North Clare (2mins . 18 . 68secs)

1500m

- 2 Julio Cesar F Castro Kilmurry Ibrickane/North Clare (4mins . 33 . 16secs)

- 3 Willie Devitt Kilmurry Ibrickane/North Clare (4mins . 34 . 81secs)

3000m

- 1 Julio Cesar F Castro Kilmurry Ibrickane/North Clare (9mins . 29secs)

- 2 Willie Devitt Kilmurry Ibrickane/North Clare (9mins . 38secs)

O/40.

800m.

- 2 Pat Hogan Ennis Track (2mins . 19 . 59secs)

1500m

- 2 Trevor White St Cronans (5mins . 08 . 05secs)

O/45.

High Jump.

- 3 Tommy Greene St Johns (1 . 45metres)

Shot Putt.

- 1 Tommy Greene St Johns (10 . 80metres)

Long Jump.

- 2 Tommy Greene St Johns (4 . 96metres)

56lbs for Distance

- 2 Tommy Greene St Johns (5 . 75metres)

O/55's.

800m.

- 3 James Sexton Kilmurry Ibrickane/North Clare (2mins . 37secs)

1500m.

- 2 James Sexton Kilmurry Ibrickane/North Clare (5mins . 11. 89secs)

3000m.

- 2 James Sexton Kilmurry Ibrickane/North Clare (11mins . 28secs)

Shot Putt.

- 1 Martin Fitzpatrick St Marys (9 . 56metres)

Hammer

- 1 Martin Fitzpatrick St Marys (22 . 50metres)

Discus.

- 1 Martin Fitzpatrick St Marys (22 . 22metres)

35 lbs for Distance.

- 3 Martin Fitzpatrick St Marys (7 . 47metres)

O/60's.

35lbs for Distance

- 2 Tom Jones Ennis Track (8 . 08metres)

Senior Ladies

800m

2 Grace Eade Ennis Track (2mins . 31 . 69secs)

Discus.

1 Rachel Akres Marian (34 . 14metres)

Hammer

Alice Akers Marian (49 . 35metres (Guest)

1 Rachel Akres Marian (47 . 89metres)

Senior Men

400m

1 Tim Crowe Sixmilebridge and Dooneen (48 . 49secs)

800m.

2 Darragh Lynch Ennis Track (1min . 57 . 23secs)

1500m

1 Darragh Lynch Ennis Track (4mins . 08 . 05secs)

5000m

1 Brian Mc Ginley Ennis Track (15mins . 28secs)

3 Brian Murphy Ennis Track (16mins . 02secs)

Javelin

2 David Courtney Ennis Track (42 . 26metres)

Hammer.

1 Colm Griffin Marian (36 . 66metres)

56lbs for distance

3 Colm Griffin Marian (5 . 49metres)